



& Wellness Center of Fresno, Inc.

Client Name: _____

GENETIC DISPOSITION

SCORE	0	1	2	3	4
WHAT IS YOUR EYE COLOR?	LIGHT BLUE, GREEN	GRAY	BLUE	DARK BROWN	BROWN/BLACK
WHAT IS YOUR NATURAL HAIR COLOR?	SANDY RED	BLONDE	CHESTNUT/DARK BLONDE	DARK BROWN	BLACK
WHAT IS YOUR SKIN COLOR?	REDDISH	VERY PALE	PALE	LIGHT BROWN	DARK BROWN
DO YOU HAVE FRECKLES?	MANY	SEVERAL	FEW	INCIDENTAL	NONE

REACTION TO SUN EXPOSURE

SCORE	0	1	2	3	4
WHAT HAPPENS WHEN YOU ARE OVER EXPOSED TO THE SUN?	REDNESS / BLISTERING / PEELS	BLISTERING / PEELS	BURNS SOMETIMES / PEELS	RARELY BURNS	NEVER BURNS
TO WHAT DEGREE DOES YOUR SKIN TURN BROWN?	HARDLY / NOT AT ALL	LIGHT COLOR TAN	MEDIUM TAN	TANS EASILY	URNS BROWN QUICKLY
DO YOU TURN BROWN WITHIN SEVERAL HOURS AFTER SUN EXPOSURE?	NEVER	SELDOM	SOMETIMES	OFTEN	ALWAYS
HOW DOES YOUR FACE REACT TO THE SUN?	VERY SENSITIVE	SENSITIVE	NORMAL	VERY RESISTANT	NO PROBLEM

TANNING HABITS

SCORE	0	1	2	3	4
WHEN WAS YOUR LAST EXPOSURE TO THE SUN AND/OR TANNING BEDS FOR MORE THAN 30 MINUTES AT A TIME?	MORE THAN 3 MONTHS	2-3 MONTHS	1-2 MONTHS	LESS THAN 1 MONTH	LESS THAN 2 WEEKS
WAS THE TREATMENT AREA EXPOSED?	NEVER	HARDLY EVER	SOMETIMES	OFTEN	ALWAYS

HERITAGE

IS YOUR MOTHER AFRICAN AMERICAN OR OF EAST INDIAN DESCENT?	YES / NO	(+5)
IS YOUR FATHER AFRICAN AMERICAN OR OF EAST INDIAN DESCENT?	YES / NO	(+5)
ARE YOUR GRANDPARENTS AFRICAN AMERICAN OR OF EAST INDIAN DESCENT?	YES / NO	(+5) If no points added for parent
ARE YOU LATIN AMERICAN, ASIAN-PACIFIC ISLANDER, MEDITERRANEAN OR NATIVE AMERICAN?	YES / NO	(+5)

SUMMARY

TOTAL FOR GENETIC DISPOSITION=	
TOTAL FOR REACTION TO SUN EXPOSURE=	
TOTAL FOR TANNING HABITS=	
TOTAL FOR HERITAGE=	
SKIN TYPE SCORE=	

SKIN TYPE

0-8	I
9-16	II
17-24	III
28-30	IV
31-34	V
35+	VI